Volunteerism Questionnaire

Name:

Directions: Using the 7-point scale below, please indicate how important or accurate each of the following reasons for volunteering in this three-phase study is, <u>for you</u>.

| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
|---------------------------------------|---|---|---|---|---|--------------------------------------|
| Not at all important/accurate for you | | | | | | Extremely important/accurate for you |

| REASON | RATIN(|
|--|--------|
| 1. Volunteering can help me get my foot in the door at a place where I would like to work. | |
| 2. My friend is a volunteer on a project, and I wish to be a volunteer on a project also. | |
| 3. I am concerned about environmental issues. | |
| 4. People I am close to want me to volunteer. | |
| 5. Volunteering makes me feel important. | |
| 6. People I know share an interest in environmental service. | |
| 7. No matter how bad I've been feeling, volunteering helps me to forget about it. | |
| 8. I am genuinely concerned about the particular environment I am helping. | |
| 9. By volunteering I feel less lonely. | |
| 10. I can make new contacts that might help my business or career. | |
| 11. Doing volunteer work relieves me of some of the guilt of contributing to environmental | |
| problems | |
| 12. I can learn more about the cause for which I am working through volunteering. | |
| 13. Volunteering increases my self-esteem. | |
| 14. Volunteering allows me to gain a new perspective on things. | |
| 15. Volunteering allows me to explore different career options. | |
| 16. I feel compassion toward animals/species in need and the environment. | |
| 17. Others with whom I am close place a high value on environmental service. | |

| 18. Volunteering lets me learn through direct "hands on" experience. | |
|--|--|
| 19. I feel it is important to help (preserve) nature | |
| 20. Volunteering helps me work through my own personal problems. | |
| 21. Volunteering will help me succeed in my chosen profession. | |
| 22. I can do something for a cause that is important to me. | |
| 23. Volunteering is an important activity to the people I know best. | |
| 24. Volunteering is a good escape from my own troubles. | |
| 25. I can learn how to deal with a variety of people. | |
| 26. Volunteering makes me feel needed. | |
| 27. Volunteering makes me feel better about myself. | |
| 28. Volunteering experience will look good on my résumé. | |
| 29. Volunteering is a way to make new friends. | |
| 30. I can explore my own strengths. | |
| 31. Volunteering in this program helps me to better understand my assigned dog. | |
| 32. I enjoy working with people who value training and spending time with a detection dog. | |
| 33. Volunteering in this program can improve my relationship with my assigned dog. | |
| 34. Volunteering in this program allows me to spend quality time with my dog. | |
| 35. I am proud of my dog's contributions to protecting the environment. | |
| 36. Intentionally blank | |
| 37. I identify as someone who is passionate about conservation/environment. | |
| 38. I am confident that I will be a successful environmental detection dog handler. | |
| | |

VFI SCORING SHEET (For experimenter to code answers later)

VFI SUBSCALE EXPLANATION

The Volunteer Functions Inventory (VFI) (Clary *et al.* 1998) measures people's motivation to engage in volunteering in six areas, or functions, identified by the functional approach to volunteerism (Clary *et al.* 1998). A seventh area was added by Rutter et al (2021). The wording of all questions was modified slightly to make them relevant to an environmental volunteering context. These areas are;

Career functions: Relates to volunteers seeking opportunities to developing skills to assist career pursuits. Social functions: Relates to volunteers seeking opportunities to participate with friends or to engage in work that is considered valuable to their social connections (e.g. friends, family, etc).

Value functions: Relates to volunteers expressing their personal values (e.g. environmental values) through their actions.

Understanding functions: Relates to volunteers learning new skills or practicing/ developing existing ones. **Enhancement functions:** Relates to volunteers building self-esteem and experiencing psychological enhancement.

Protection functions: Relates to volunteers coping with feelings of stress or guilt though volunteering. **Dog-engagement function:** Degree to which volunteers were motivated by the opportunity to engage in an activity with their dog.

Stukas, A. A., Worth, K. A., Clary, E. G., & Snyder, M. (2009). The matching of motivations to affordances in the volunteer environment: An index for assessing the impact of multiple matches on volunteer outcomes. *Nonprofit and Voluntary Sector Quarterly*, 38(1), 5-28.